

## NATIONAL TRADIE WELLBEING SURVEY RESULTS

OzHelp's national survey of tradies conducted in September and October 2021. Survey distributed through OzHelp, industry and mental health sector channels. 314 survey respondents.

[ozhelp.org.au](http://ozhelp.org.au)  
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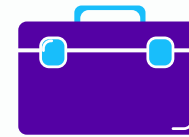
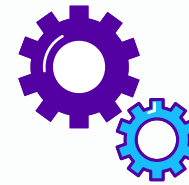


### DEMOGRAPHICS

- The majority are located in the ACT (49%), New South Wales (24.5%), and Queensland (10.5%).
- 77% males, 21% female, 1% gender diverse, 1% would prefer not to say.
- 16% aged under 25, 30% aged 25-35, 24% aged 36-45, 20% aged 46-55 and 10% 56 aged 56 and over.
- 53% working in construction, 20% working in electricity, gas, water, and waste services, 5% working in manufacturing, 5% working in mining.

### SENTIMENT

- 92% said mental health and wellbeing were important to them.
- 40% said they were very likely to seek support for their mental health.
- 16.5% said they would not seek any support, even if they needed it.



### TOP STRESSORS

The top five stressors for tradies: work pressures (62%), family and relationship pressures (44%), financial pressures (41%), mental health (38%), Covid-19 restrictions (29%).

### SUPPORT PREFERENCES

- 54% said informal onsite BBQ catch ups.
- 43% said onsite mental health and wellbeing training.
- 38% said onsite health and wellbeing screening.

### INDUSTRY

- 73% said mental health and wellbeing were important for their industry or employer.
- 42% said they had received mental health awareness training at work.
- 42% said they had received a health screen or check-up at work.
- 58% said they had not received any form of mental health training at work.

