

Core Values Assessment

accuracy	family	modesty	safety
achievement	flair	money	satisfying others
adventure	flexibility	nature	security
approval	forgiveness	nurturing	self-awareness
autonomy	freedom	obedience	Self-confidence
balance	friendship	open mindedness	Self-esteem
beauty	frugality	openness	self-expression
challenge	fulfilment	optimism	self-improvement
change	fun	patriotism	self-love
clarity	generosity	Peace, non-violence	self-mastery
cleanliness, orderliness	genuineness	perfection	self-reliance
collaboration	goodwill	perseverance	self-trust
commitment	goodness	persistence	sensuality
communication	gratitude	personal growth	service
compassion	hard work	personal health	solitude
competence	harmony	pleasure	speed
competition	healing	power	spirituality
concern for others	holistic living	practicality	stability
confidence	honesty	preservation	status
connection	honour	privacy	straightforwardness
conservation	improvement	problem solving	strength
content over form	independence	professionalism	success
cooperation	individuality	progress	systemization
coordination	initiative	prosperity	teamwork
creativity	Inner peace	punctuality	timeliness
credibility	innovation	purpose	Tolerance
decisiveness	integrity	quality over quantity	tradition
democracy	intelligence	quantity over quality	tranquilly
determination	intensity	reciprocity	trust
discipline	intimacy	recognition	trustworthiness
discovery	intuition	regularity	truth
diversity	joy	relaxation	unity
education	justice	reliability	variety
efficiency	knowledge	resourcefulness	vitality
environment	leadership	respect for others	wealth
equality	learning	responsibility	wisdom
excellence	love	responsiveness	Add your own below
exploration	loyalty	results	
fairness	meaning	romance	
faith	merits	rule of law	
faithfulness	moderation	sacrifice	