

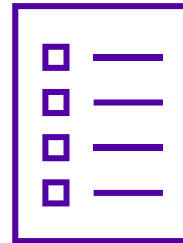
Getting a Mental Health Plan

You will need to see a GP to get a Mental health plan



10
sessions

A mental health treatment plan lets you claim up to **10 sessions** with a mental health professional (MHP) (ie a psychologist) each calendar year.

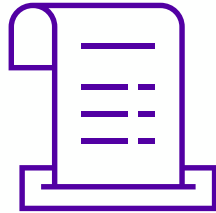


6
sessions

To start with, your doctor or psychiatrist will refer you for up to **6 sessions** at a time. If you need more, they can refer you for further sessions.

Getting a Mental Health Plan

What are the costs involved?



MEDICARE REBATE

Medicare will assist with some of the **costs** associated with seeing a MHP (\$131.65 per session). However, some MHP's charge more than the rebate and you are required to pay the difference.

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Health professionals set their own fees. Ask how much you'll pay and what you'll get back from Medicare when you make your appointment. If they bulk bill, you won't have to pay anything.